September EAP Webinar

Sponsored by: Wayne Corporation Employee Assistance Program (EAP)

Putting Out The Fire: Preventing and Managing Burnout

Accessible in September 2024

Where: www.waynecorp.com

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Contemporary professional demands not only cause stress, but chronic stress. Stress contributes to the development of myriad physical and mental health conditions including (but not limited to) hypertension, diabetes, depression and anxiety. Research suggests that up to two thirds of American employees